

Blank Timeline Worksheet

* Filling out the timeline of events will help you to pinpoint those events in your life that had the most impact, the events that made you the person you are today.

When you are finished filling out all the events that you can remember, circle the most important ones. **That is where you will find your stories.**

Sample Timeline

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(Excerpted from *The Brooklyn Hobo* by Alex Procho)

Birth	1-12	13-18	19-30	30-50
Born in upstate NY 1951	Mother hospitalized	Don't fit in, all teen years	Hitched a ride on a freight train	Married several Times
2 siblings, triplets	Moved to Brooklyn, age 10	Woodstock	Attended several Colleges	Another daughter Born
Single mother	Father, Mafia connections	Vietnam	Met crazy people while hitchhiking across country	Rehab again
		Left home to travel across country	Daughter born	Father dies
		Drugs and hippies	Rehab	50th birthday and the Twin Towers
		Rehab		

Insert Years here	Insert Years here	Insert Years here	Insert Years here	Insert Years here	Insert Years here